

## Contraceptive Implant ES Support Information

Equipment supplies:

Universal Dressing Pack (medium) containing sterile drape, non-woven swabs, nitrile exam gloves, tray, measuring tape

Spare sterile gloves

Unisept 0.05% Chlorhexidine cutaneous solution 25ml sachet

Green and blue needle

2.5ml syringe

1% lidocaine ampoule

Disposable scalpel

Steristrips / Adhesive Wound Closure strips

Premierpore 5x7cm Adhesive Island Dressing

K-Lite (Urgo) bandage

Finepore / clinical tape

Nexplanon implant

Sterile instruments if required for removal

Examination couch

Trolley

Access to emergency drugs

Blood pressure machine

Patient information

Ayrshire and Arran Procedure Documentation

AA Contraceptive Implant Template

AA ES Specification

AA ES claim codes and reporting requirements

Link to FSRH – UK MEC, Implant Guidance, Training

SH Clinical mailbox address:

"aa.Clinical\_SexualHealth\_ACH" <Clinical\_SexualHealth\_ACH@aapct.scot.nhs.uk>

## Intrauterine Contraceptive ES Support Information

Equipment supplies:

Examination couch / pillow / bedroll

Absorbent pad

Non-sterile or sterile gloves

Variety of sized speculum with lock

Gynaecology pack with drape, cotton wool balls and bowl can be helpful

Swabs / brush for STI and cervical screening

Sterile coil insertion instrument pack including tenaculum, sound, forceps and long handled scissors

(A separate disposable sound is used in Sexual health that can also be used as a dilator:

Durbin Disposable Sound and Dilator, product code DISP0070100, x50 per box £114)

Local anaesthetic – lidocaine spray, Instillagel or sterile dental syringe with mepivacaine vial

Supply of coils

Spencer Wells, thread remover

Sanitary pad

Blood pressure cuff

Access to emergency drugs

Patient information

Assistant / chaperone

Ayrshire and Arran Procedure Documentation

AA IUCD Template

AA ES Specification

AA ES claim codes and reporting requirements

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