Implant Insertion Record

Date:

Patient details

Client assessment

☐ Consents to long-acting reversible contraception (LARC)
☐ Counselled about alternative methods and chooses Nexplanon®

Medical History

Parity: ☐ + ☐
Current medication: ……

Allergies:……

BMI: …… or weight…… BP: ……/…….mmHg

Contraindications

UKMEC 4		
Current breast cancer	Yes	No
UKMEC 3		
Past breast cancer	Yes	No
History of ischaemic heart disease or stroke	Yes	No
Malignant liver tumour	Yes	No
Severe (decompensated) liver cirrhosis	Yes	No
Enzyme inducing/interacting medication	Yes	No
Unexplained vaginal bleeding	Yes	No

Advice checklist

- ☐ Mode of action (prevents ovulation, thickens cervical mucus)
- ☐ Long-acting 3 years
- ☐ Very effective: 1:1000 women /year
- ☐ Rapidly reversible
- ☐ Low dose progestogen
- ☐ May reduce period pain
- ☐ Off licence before day 21 post-natal
- ☐ Minor surgical procedure – insertion / removal described
- ☐ Probable bruising
- ☐ Discussed possible bleeding pattern changes
- ☐ Deep implant / lost implant
- ☐ Link or information leaflets given

Implant Insertion Record

Patient details

Prescription:

1. 2 mls LIDOCAINE 1% w/v injection, subcutaneous to implant site
2. 1 x 68 mg ETONORGESTREL (Nexplanon®) implant subcutaneous as per manufacturers instruction

Signature …… Designation…… Date ……

Insertion:

Procedure performed by: …… Designation ……

Verbal consent obtained: **Yes** **No**

Procedure

- Patient positioned on back, non-dominant **left/right*** arm abducted to 90°, elbow flexed and hand behind head. Skin cleaned. Aseptic technique used throughout
- Local anaesthetic ……ml 1% plain lidocaine given subcutaneously
- LOT No…….. Expiry date……
- Nexplanon® lot no. …… Expiry date……
- Insertion site to pierce skin with the device identified over triceps by choosing a point 3-5cm posterior and perpendicular to the sulcal line (the groove between brachialis/biceps anteriorly and triceps posteriorly), where the sulcal line is 8-10 cm from the medial epicondyle .
- Inserter advanced proximally, parallel to the sulcal line keeping skin tented, Implant released as per manufacturer instruction, inserter withdrawn. Dressing applied
- Implant palpated by **clinician / patient***
- Wound care instructions given **Yes**
- Date card and pack insert given **Yes**
- Contraception for first 7 days discussed **Yes**

(*delete as required)

Pack sticker

Signature……

Designation…....

Date……

Implant Removal Record

Patient details

Client assessment

Reason for removal……..

- ☐ Implant palpated prior to removal
- ☐ Counselled about removal procedure
- ☐ Counselled about alternative methods if ongoing contraception needed

Medical History

Allergies: ……

Prescription:

1-2 mls LIDOCAINE 1% w/v injection, subcutaneous to implant removal site

Signature …… Designation…… Date ……

Removal:

Procedure performed by: …… Designation ……

Verbal consent obtained: Yes No

Procedure

- Patient positioned on back, non-dominant **left/right*** arm abducted to 90°, elbow flexed and hand behind head. Skin cleaned. Aseptic technique used throughout
- Local anaesthetic ……ml 1% plain lidocaine given subcutaneously
- LOT No…….. Expiry date……
- Incision made through skin and implant removed with pop-out technique Yes No
- Follow-up plan if no……
- Sterile instruments used Yes No
- Implant complete Yes No N/A
- Wound care instructions given Yes
- Plan for future contraception discussed Yes N/A

(*delete as required)

Pack sticker

Signature……

Designation…..... Date…….